



Lightning 190/195/200 ESP – RM41

1 piece stringing
Recommended string is Ektelon SynGut 16
String Pattern 12 x 16
Length 20' Mains x 16' Crosses
Recommended tension is 32 +/- 4
Mains skip holes at 5H & 7H
Shared hole at 8H
Double barrel grommets at 1T, 2T & 3T
Tie off Mains at 4HL
Tie off Crosses at 5TR

Helpful hint: when stringing certain main strings, insert a piece of scrap string before pulling tension in order to help expose cross holes. Before pulling tension on the cross strings, the scrap strings can be removed.

Mains

1. Start at top of racquet and insert 10' of string from 1HL to Left Lower Double Barrel Grommet #1 (DBG #1) through Left Lower DBG #2 around to 3HL
2. Clamp string at 1HL, but do not pull tension yet
3. Feed other end of string from 1HR to Right Upper Double Barrel Grommet #1 (DBG) through Right Upper DBG #2 around to 3HR, tension and clamp
4. Tension and clamp string at 3HL
5. Feed string from 3HL to 2HL down to Left Upper DBG #1 through Left Lower DBG #3 around to 6HL, tension and clamp
6. Feed string from 3HR to 2HR down to Right Lower DBG #1 through Right Upper DBG #3 around to 6HR, tension and clamp
7. Feed string from 6HL to 4HL down to Left Upper DBG #2 through Left Upper DBG #3 around to 8HL, tension and clamp.
8. Tie off left side mains at 4HL
9. Feed string from 6HR to 4HR down to Right Lower DBG #2 through Right Lower DBG #3 around to 8HR, tension and clamp

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Crosses

1. Feed string from 8HR to 5HR to begin crosses
2. Weave from 5HR to 5HL, tension and clamp
3. Feed string from 5HL to 7HL & weave across to 7HR, tension and clamp
4. Feed string from 7HR to 8HR (shared hole) & weave across to 8HL (shared hole), tension and clamp
5. Feed string from 8HL to 10HL & weave across to 10HR, tension and clamp (this secures left side bumper)
6. Feed string from 10HR to 9HR & weave across to 9HL, tension and clamp
7. Feed string from 9HL to 11HL & weave across to 11HR, tension and clamp
8. Continue stringing crosses conventionally and tie off at 5TR